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THE OFFICIAL NEWS MAGAZINE OF DELHI CATHOLIC ARCHDIOCESE

VOL. 30, ISSUE 3

MARCH 2021 ₹10

# YEAR OF ST. JOSEPH





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# Sacrament of Reconciliation

Let us pray that we may experience the sacrament of reconciliation with renewed depth, to taste the infinite mercy of God.



# HOLY FATHER'S

PRAYER INTENTION FOR MARCH 2021

#### Sacrament of reconciliation

Let us pray that we may experience the sacrament of reconciliation with renewed depth, to taste the infinite mercy of God.



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PRINTED AND PUBLISHED BY

Fr. Januario Rebello

on behalf of Delhi Catholic Archdiocese

**DESIGN & PRINTED AT** 

Bosco Society for Printing & Graphic Training,

Okhla Road, New Delhi - 110 025

Tel.: 26839864, 26910729

Published by Delhi Catholic Archdiocese

1 Ashok Place, New Delhi - 110001

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#### ANNUAL SUBSCRIPTION

₹150 (by post); US \$ 25 (abroad); UK £ 15

(abroad); Europe € 13 (abroad)

By Local cheque/bank draft favouring

"THE VOICE OF DELHI"

Contributions for publication may be sent to the above address by post or by email to:

voiceofdelhi@gmail.com

Editor's mobile: 9868353289

The articles, news reports and other materials published in this magazine (other than the Shepherd's Voice) reflect the views of the authors and not of the Archdiocese of Delhi and VOD does not take any responsibility or liability for the same.

#### FROM THE EDITOR

### Father's Mercy!

FR. STANLEY KOZHICHIRA



While in the seminary, during the preparation for the faculty examination, which is about the administration of the sacrament of reconciliation, I remember a venerable old priest telling me about the nature of a priest in the confessional. He said,

"Stanley, remember that you are going to be a 'Persona Christi' in the confessional, and there you must be a 'just judge and a merciful father'. Though I did not understand the whole concept of that advice then, but slowly discovering the intensity and depth of what I administer as a priest in the confessional.

During the year of Mercy, I met a person from Brazil, who said to me that 'I am making a pilgrimage to Rome to enter through the 'Porta Fidei' to experience God's Mercy at the heart of Christianity. Later I was thinking does one need to travel to Rome to experience the unfathomable mercy of God? Certainly not. Just make a good reconciliation and you are in the lap of God's Mercy.

We are in the month of March, we celebrate the lent during this month also the feast of St. Joseph and Blessed Virgin. We also have the venerable custom of making the annual reconciliation prior to the passion week. The thought that each of us need to carry is, would the celebration of reconciliation remain an annual feature in my religious obligations or I really need to experience the warmth of the embrace of the Father, like the prodigal son?

Pope Francis wishes us that we experience the sacrament of reconciliation with renewed depth, to taste the infinite mercy of God. For this purpose we definitely need to reflect on the mercy of God. I generally think on these lines – Whatever I am, it is because of the sheer merciful generosity of God. The day I leave my dependence on God I am doomed. There are occasions in life where, the pride would let me take decisions and not letting me rely on God's mercy. Here again a paradigm shift towards God is required to experience the mercy of God that comes to us from the sacrament of reconciliation and the gracious words that people share with us.

May this holy season of lent help us to rekindle our joy in the sacrament of reconciliation to experience God's mercy.

Celebrate life.



# THANK YOU FOR WRITING TO US, WE'RE SHARING IT HERE FOR ALL TO READ!



February 2021



#### WRITE TO US

We look forward to communicating more often with our readers. Feel free to write to us, with the kind of information you would like us to include and your views on the content! Together we are the Voice of Delhi. Email: voiceofdelhi@gmail.com

Dear Fatherji and Team,

Many thanks for forwarding PDF version of VOD. Articles and News covered are formatted very well. Congrats for excellent job done. God bless you and team.

Thanks and regards,

**Rose Mary** 



Dear VOD Team,

Voice of Delhi has the ability to go beyond just a magazine in this current Covid times. Especially when it's the digital magazine that we are reading. The articles can have links to relevant videos. For example if a program was held on YouTube live, the article about the program can have the link as well, so that readers can access it.

Nikhil George

"Mary said, 'Behold, I am the handmaid of the Lord. May it be done to me according to your word.' Then the angel departed from her."



# Safe Stronghold in the Wounds of the Saviour

he season of Lent sanctifies our environment with the two-in-one spiritual meme: repentance and healing. The call of this holy season is not so much the external practices of fasting, abstinence and almsgiving as 'legal' impositions of the Church but the 'healing of the heart' of which these practices are a sign. If we hold hatred, resentment, anger, unforgiveness, vengefulness and all kinds of grudges in our heart we are not yet healed. If our attitudes and relationships in life are still dominated by the baggage of religion, caste, class, race, language, culture, etc. we are not yet healed. Christ Our Lord called for a radical transformation of our whole being through 'repentance' in order for us to enter the Kingdom of God.

Some of the Lenten hymns in the Liturgy of the Hours touch on this theme. For instance  $% \left( 1\right) =\left( 1\right) \left( 1\right) \left$ 

"Forgive us all the wrong we do,

And purify each sinful soul.

What we have darkened heal with light,

And what we have destroyed, make whole" (Stanbook Abbey Hymnal).

"Lord Jesus, think on me,

And purge away my sins;

From earth-born passions set me free,

And make me pure within."

"Lord Jesus, think on me

Amid the battle's strife;

In all my pain and misery

Be thou my health and life" (Bishop Synesius 375-430).

The call to 'conversion of heart' is fundamental to salvation. Our Christian life begins at Baptism with our 'yes' to this call from the Lord. In the words of St. Paul: "For if we have been united with him in a death like his, we shall certainly be united with him in a resurrection like his...For the death he died he died to sin, once for all, but the life he lives he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus" (Rom. 6:5–11). To be dead to sin in all its manifestations and to be alive to God in all its fullness is the identity of the Christian and the invitation to the whole of humanity.

The wounds that we carry in our heart cause us to sin and our sins cause further wounds in our psyche, thus vitiating our relationship with God, with ourselves and with our neighbour. It is not without reason, therefore, that the Sacrament of Reconciliation is called the Sacrament of Healing, for what we need preeminently in life is 'Inner Healing' i.e. the healing of our heart from where spring our thoughts, words, desires and actions. The roots have to be healed first if the tree is to remain healthy and give fruit. And we have to produce the fruits of the Spirit: "love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control" (Gal. 5:22-23).

In the Evening Prayer of Friday, Week 4 in Ordinary Time there is a beautiful prayer: "Lord, you healed the paralytic and forgave him his sins: – pardon all our guilt, and heal the wounds of our sins". In the incident of the healing of the paralytic who was let down with his bed through the tiles of the roof (cf. Lk. 5: 17–26) Our Lord Jesus Christ heals him by



forgiving his sins which clearly illustrates that our physical sicknesses are often related to our spiritual and emotional debilities and the three are interconnected. The Lord restores him to the right relationship with God, with himself, with society and he is also healed physically. Once again, it is St. Paul who presents this Christian anthropological vision: "Now may the God of peace himself sanctify you completely, and may your whole spirit and soul and body be kept blameless at the coming of our Lord Jesus Christ" (1Thess. 5:23).

If we have paid attention to the prayer the Priest recites before Communion we will realize that the Holy Eucharist is the sacrament par excellence of our holistic healing: "May the receiving of your Body and Blood, Lord Jesus Christ, not bring me to judgement and condemnation, but through your loving mercy be for me protection in mind and body and a healing remedy".

The Gospels narrate the various healing miracles performed by Jesus and the thousands who thronged after him in order to listen to his word and be healed by him with the belief that they would be healed even if they touched the fringe of his garment (cf. Mt. 9:20 ); and indeed they were healed. It is so evident that healing was the primary focus of the ministry of Jesus, but it was not physical healing alone; it was above all spiritual healing i.e. the forgiveness of sins which was primary in the mission of Jesus. Through spiritual healing came the psychological and the physical. And the person healed followed Jesus by believing in him as the Messiah and Redeemer and becoming his disciple. Healing led to faith in Jesus and faith in Jesus led to salvation. Hence all healing miracles in the Gospels are ultimately pointers to the eternal healing of God's Kingdom where there will be no more suffering, no more pain, no more sorrow, no more sin, no more death and God will be all in all (cf. 1Cor. 15:28).

The healing love of God that flowed from the heart of Our Lord Jesus Christ during his ministry did not end with his Passion and Death on the Cross but rather it reached its summit on Calvary in such a manner that forever his Cross would be the sign and source of God's healing love to sinful and broken humanity. Looking at the

It is so evident that healing was the primary focus of the ministry of Jesus, but it was not physical healing alone; it was above all spiritual healing i.e. the forgiveness of sins which was primary in the mission of Jesus. Through spiritual healing came the psychological and the physical. And the person healed followed Jesus by believing in him as the Messiah and Redeemer and becoming his disciple.

Cross we know how much God has loved us and how much we can trust in his Love.

On Good Friday we will hear these words from the Book of Isaiah: "But he was pierced for our transgressions; he was crushed for our iniquities; upon him was the chastisement that brought us peace, and with his wounds we are healed. All we like sheep have gone stray; we have turned — every one — to his own way; and the Lord has laid on him the iniquity of us all" (Is. 53:5–6). St. Peter sees the fulfillment of this prophecy in the suffering and death of Christ when he says: "He himself bore our sins in his body on the tree, that we might die to sin and live to righteousness. By his wounds you have been healed. For you were straying like sheep, but have now returned to the Shepherd and Overseer of your souls" (1Pet. 2: 24–25).

For those who believe, the Cross of Our Lord Jesus Christ is the unquenchable fountain of infinite healing love that restores to us the unity and harmony in our personalities lost due to our woundedness and consequent sinfulness. We regain the image of God in which we were created and return to the sheepfold from which we had strayed. All this happens because we are HEALED. We become new persons in Christ, vehicles of his grace within the Church and human society and indeed for the whole of nature as it happened with St. Francis of Assisi.

The immortal prayer "Soul of My Saviour" which we also sing as a hymn has these striking words which contain the essence of our relationship with the Lord in the imagery of 'hiding in his wounds': "Deep in Thy wounds Lord hide and shelter me so that I may never, never part from Thee". Yes, there couldn't be a better 'shelter' than the wounds of Our Lord which are the source of healing for our own wounds.

The great mystic St. Bernard of Clairvaux in his sermon on the "Song of Songs" presents profound insights on the wounds of the Saviour: "Where is a safe stronghold for the weak to find rest, if not in the wounds of the Saviour? There safety is measured by his power to save. The world rages, the body weighs me down, the devil sets his snares, but I do not fall for I am founded on the solid rock. I have sinned grievously, my conscience will be troubled but not in despair for I will recall the wounds of the Lord. For indeed, 'he was wounded for our transgressions'. What sin so deadly cannot be absolved by the death of Christ? If then I call to mind such a powerful and efficacious remedy I can no longer be terrified by any disease no matter how virulent".

St. Bernard lays stress on the infinite mercy of God that flows from the compassionate heart of the Lord so that nobody can ever say, 'my sin is too great to be forgiven'. If anyone ever thinks in this way he/she is in error. The pierced hands and feet of the Lord and his open side are the 'outlets' through which mercy flows. The nail that pierced him is the key that opened the 'door' to God's will. And what is God's will? Goodness and love. What do I see through the opening? 'That truly God is in Christ reconciling the world to himself'. The wound in his side caused by the piercing of the lance lays bare the heart of Christ which carries the great mystery of God's love for us. The wounds, therefore, reveal the tender mercy of our God which has dawned from high. The meekness and humility and abundant mercy of God shine out all the more in the wounds of Christ.

None of us can ever claim any merit of our own before God. Our merit is the mercy of the Lord, and as long as the Lord is merciful I am also meritorious. Looking at the Cross I need not worry about my many sins because "where sin increased, grace abounded all the more" (Rom. 5:20). And so St. Bernard concludes his reflection with this prayer: "And if the steadfast love of the Lord is from everlasting to everlasting, then I will sing of the steadfast love of the Lord forever."

Let us sing of this Love and find in the open side of Christ our true Self, not two but ONE.

#### + Archbishop Anil Couto

ARCHBISHOP OF DELHI

The pierced hands and feet of the Lord and his open side are the 'outlets' through which mercy flows. The nail that pierced him is the key that opened the 'door' to God's will. And what is God's will? Goodness and love. What do I see through the opening? 'That truly God is in Christ reconciling the world to himself'. The wound in his side caused by the piercing of the lance lays bare the heart of Christ which carries the great mystery of God's love for us.

COLVILLE DE SOUZA

### Glorious St. Patrick

he name of St. Patrick is well known to us here in India, thanks to the number of churches and schools dedicated to his name. But who is this popular Saint who is also the patron saint of Ireland.?

Much of what is known about Patrick's life is gleaned from the Confessio, a book he wrote during his last years. He was born around 386 AD in the then Britain and was captured and taken from Britain to Ireland to work as a slave. He later escaped to a monastery and started to work as a Christian missionary. He is credited with bringing Christianity to Ireland where he preached for 40years. He made missionary journeys all over Ireland, and his Missions soon became known as one of Europe's Christian centers. He worked many miracles and wrote of his love for God in his book. Over time he became the national symbol of Ireland and its culture. St. Patrick's chief concerns were the raising of native clergy and abolishing paganism, idolatry, and sun worship. St. Patrick traveled extensively throughout the country preaching, teaching, building churches, opening schools and monasteries, and converting. It is also said that his preaching was supported by miracles. He encouraged the Irish to dedicate themselves to God by becoming monks and nuns. After years of living in poverty, traveling and enduring much suffering he died on March 17, 461, and was buried in Down Cathedral, Downpatrick Ireland. His grave was marked in 1990 with a granite stone.

Patrick was a humble, pious, gentle man, whose love and total devotion to and trust in God should be a shining example to each of us. So complete was his trust in God, and of the importance of his mission, that he feared nothing. St. Patrick is mostly remembered by the three- leaved Shamrock leaf with one stalk, which helped him to explain the concept of the Holy Trinity, three persons in one God. Traditionally, since then the shamrock leaf became the national symbol of Ireland, and is today the Irish Republic's national emblem. St Patrick's Day has been celebrated as a national holiday in Ireland, and many people in many parts of the world come together on March 17 to celebrate St Patrick's Day. The grand celebrations are also held in New York where the Irish are a large population.

St. Patrick has never been formally canonized by a Pope. In the Church's first 1000years, there was no formal canonization process at all, which is a requirement for sainthood by today's standards. So, most saints from that period were given the title if they were either martyrs or seen as extraordinarily holy. St Patrick pre-dated the canonisation ceremonies. St Patrick was dubbed a saint shortly after his death for his widespread work in bringing Christianity to Ireland.



The work of St Patrick has been spread by the Patrician Brothers, or Brothers of Saint Patrick, an Ireland-based Roman Catholic congregation for the religious and literary education of youth and the instruction of the faithful. The Brothers had literally sailed across the world to spread the word of St Patrick before hitting Indian shores.In India, St Patrick was introduced to India by the Patrician Brothers in 1875, with Chennai being their first port of call. The Patrician Brothers used education to spread the word and founded schools and colleges in places from Coonoor in Southern India to Mussoorie in North India. The scope of their work, which embraces primary, intermediate and university education, has been extended over the years, some of which are today are managed by Jesuits. The introduction of a scheme of technical and scientific study by the different educational departments is warmly supported by the Brotherhood; while by their management of orphanages and industrial schools they aid life skills. Their several residential colleges and secondary day-schools equip the students for adult life. The colleges in India are affiliated to the Allahabad, Madras and Calcutta Universities, in which their students have distinguished themselves. The congregation has its headquarters known as Generalate in Tullow, Ireland and in India it has its Provincialate/ Headquarters in Mount St. Mary's Delhi Cantt.



# A Spiritual Quarantine...

e have all lived through a year of deadly pandemic. Many of us have experienced the deep sorrow of losing a loved one. Many were suffering and many lost their jobs and so on. In the face of so much upheaval, we entered into 2021-Lenten season with Ash Wednesday. During the past one year we usedmany new terms such as lockdown, quarantine, sanitization, vaccine etc. Among all these, one word that has stayed with me is "Quarantine". In the Latin and Italian languages quarantine means "forty days". As a scientific and medical term quarantine means a person remains isolated for self-protection, self-healing and also to prevent the spread of the Virus. As we have entered into the Lenten season, I am reflecting about a spiritual quarantine, how our self - isolation can help our spiritual journey, how this spiritual quarantine can help us for inner healing and wholesome being. And also it can enable us not to spread the virus of gossiping, hatred, jealousy, egoism but instead spreading love, joy and happiness.

#### BIBLICAL BASIS OF OUARANTINE:

In the Bible we have so many references about forty days or forty years. For example The Great flood during Noah's time (Gen. 7:4,12,17), Forty days and years in the life of Moses (Ex. 7:7, 24:18, Det. 9:18,25), Reign of Kings (2 Sam.5:4, 1 Kg. 11:42), Prayer and Preaching by prophets (1 Kg. 19:8, Jon. 3:4) etc. In the life of Jesus too we read in Mt. 4:2"forty days Jesus was in the wilderness praying and fasting". Jesus appeared to his disciples after Resurrection for forty days in Acts 1:3.

Before Quarantine became a scientific or medical term the numerological importance of "forty" is very well seen in the Bible. There are more than 25 references of forty days or forty years in the Bible.

#### **BENEFITS OF SPIRITUAL QUARANTINE:**

As we have seen in many Old Testament and New Testament, references to forty days or forty years are very important and significant in the Bible. They have an impact on our salvation history. We shall derive four important benefits from Spiritual Quarantine.

#### A) A time of Prayer and Penance

In the Old Testament the Israelites prayed and journeyed with the Ark of the Covenant for forty years. Moses prayed for forty days before receiving the law. In the New Testament Jesus himself prayed and did penance for forty days. Now we are given these forty days of lent — our Spiritual Quarantine so that we shall pray and do penance to be good Christians. And much more is asked of us as we have consecrated our lives to Jesus.



#### B) A time for Introspection and Repentance

People of Nineveh heard the preaching of Jonah for forty days and repented. For us this is a time of grace so that we can do an introspection to know the state of our inner life and enter into the Sacrament of Reconciliation. May this time of Spiritual Quarantine be a time for inner journey and embracing of holiness.

#### C) A time of Preparation

Jesus is seen praying and fasting as he prepares himself to start preaching about the Kingdom of God. After his resurrection the Risen Lord is with his apostles for forty days to teach and guide them and to prepare them for the new mission they have to undertake with the power of the Holy Spirit. We shall spend this time of Spiritual Quarantine to prepare for the mission entrusted to us as Christians and Religious.

#### D) A time of Transformation

Biblical references are a proof that forty days or forty years changed the lives of people. Now as we are in this time of Spiritual Quarantine may we grow in our prayer lifeandprepare ourselves for the great feast of Easter.

Many people were not able to enter the year 2021. By God's grace we have seen this New Year and have now entered into this Lenten Season — A Spiritual Quarantine. May this be a time of our personal prayer, inner journey, true reconciliation, preparation and inner transformation. As venerable Nano Nagle says "The almighty is all sufficient", May this year's spiritual quarantine help us realize the sufficiency of the Almighty in our lives.



POULOSE MANGAL SJ

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# Lent: A Time for Renewing Faith, Hope and Love

he title of this reflection is the theme of Pope Francis' message for Lent 2021. We shall look at the main points of the Pope's message.

The Pope begins his message by saying that Lent is a journey towards Easter. It is also a season of conversion, of renewal. In the season of Lent, we renew our Faith, Hope and Love/ **Charity.** The completion of the journey is at the Easter vigil in which we will renew our baptismal promises and experience rebirth as new men and women by the working of the Holy Spirit. Lent is a also time of Fasting, Prayer and Almsgiving/ Charity. We fast, pray and practise charity in the way Jesus taught us in the Sermon on the Mount (Mt 6:1-18). These help us in the process of conversion and renewal. These are also expressions of our conversion and renewal. Our fasting means that we desire to follow the path of poverty and selfdenial. Almsgiving expresses our concern and loving care for the poor. In prayer we enter into a childlike dialogue with the Father. All three make it possible for us to live lives of sincere Faith, living Hope and effective Love/Charity.

Lent is a time for believing, that is, of faith. Faith means to welcome God into our lives and allow God to make his dwelling among us (Jn 14:23). It also means to open our hearts to God's word which we receive through the Church. Ultimately, Christ is the Word that the Church gives to us. Christ himself is the truth and the way. The way Christ lived his human life is the way that leads all of us to the fullness of life. Therefore, faith means that we accept and live the truth revealed in Christ.

Fasting is a form of self-denial. When we fast, we free ourselves from all that pulls us down, like consumerism. It helps those who undertake it to recognize that the fulfilment of human life is in God. In fasting, we embrace an experience of the poverty of Jesus. Those who fast make themselves poor with the poor and with Jesus the poor. Embracing poverty in fasting makes us rich with the love of God. We become so rich with God's love that we can share it plentifully with others. God's love in us is a power that takes us out of ourselves to God and others in charity/love. Others become our sisters and brothers (*Fratelli Tutti*, 93).

We need water while on a long journey. The Lenten journey of conversion and renewal also requires water. The Pope tells us that hope is the "living water" that enables us to continue on our journey. To hope is to know that sin, violence and



injustice are not the last word. Resurrection is the last word. Jesus' death and resurrection give us the hope that God will forgive us and pull us out of the death inflicted on us by humanity's sin, violence and injustice. The Pope says that by receiving forgiveness in the sacrament that lies at the heart of the journey of conversion and renewal, we can extend forgiveness to others through our words and actions. The Pope desires that in this Lent, we may be increasingly concerned with "speaking words of comfort, strength, consolation and encouragement, and not words that demean, sadden, anger or show scorn" (*Fratelli Tutti*, 223). Often all it requires is a smile, a word of encouragement, a listening ear, a show of interest in others, or a little time to spend with and for others.

Love means following in the footsteps of Christ with compassion for all. It is the highest expression of our faith and hope. Love rejoices in seeing others grow. It brings us out of ourselves and creates bonds of sharing and communion with others. It enables us to view those in need as members of our own family, as friends, brothers or sisters. Love is a gift that gives meaning to our lives.

The Pope concludes his message by reminding all of us that Lent is a journey of conversion, prayer and sharing of our goods. It will certainly help us, as communities and as individuals, to revive the **faith** that comes from the living Christ, the **hope** inspired by the breath of the Holy Spirit and the **love** flowing from the merciful heart of the Father.

# SPECIAL

### Sleeping St. Joseph: A Dreamer who rests in the Lord and a Doer who does the Will of God!

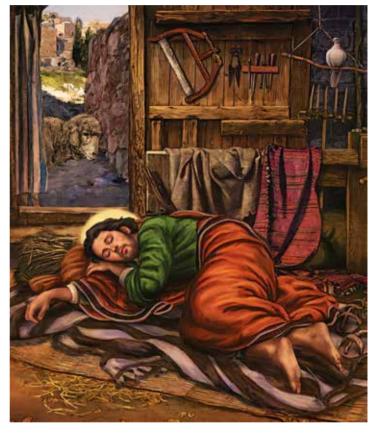
Fr. Arokiya Raj J

or many of us, it was during Pope Francis' visit in the Philippines on January 2015 that we first heard of "The Sleeping Saint Joseph." By sharing about his great love for Saint Joseph, Pope Francis had delivered a touching message for all of us. It surely made a mark in our hearts and has left many of us wanting to have our very own Sleeping Saint Joseph image at home.

Saint Joseph had providential dreams twice, which of course happened when he was sleeping. The Sleeping Saint Joseph teaches us important life lessons that we can reflect on. The first thing that we need to learn from him is to rest in the Lord. Sometimes, there comes a point in our lives when we are too lonely or burdened with problems, or conflicted with making very important decisions that we almost give up. We feel like there's nothing we can do anymore and that no resolution awaits our misery. It drains us to think of ways to get through until we find ourselves exhausted and sleep becomes a temporary escape. But perhaps, to sleep is not too bad, if we do so by faithfully resting in God's merciful embrace. That is, to entrust to God in prayer our fears, pains and struggles, difficulties and challenges of our daily life just as Saint Joseph restfully did.

Saint Joseph wanted to quietly leave and divorce his wife Mary, as he did not understand beforehand that she conceived her Son through the Holy Spirit. In the Gospels, we find him dreaming. An ordinary man like us, Saint Joseph did sleep with worries in his heart. But as we know, he was also a "righteous man", so we expect that he did not only sleep, he surely must have had rested in God by prayer. When we are at our lowest or powerless about certain situations, we must humble ourselves, pray and rest in God.

Secondly, we need to wake from and become a doer of God's Will. Saint Joseph, waking up from his dreams, didn't waste any time and fulfilled what God wanted him to do at the very moment he was told to. Let us then always listen to the call of God!



He is awakening our faith and renewing our spirit. As the Sleeping Saint Joseph reminds us, we bear our crosses during the day and before our sleep in the silence of the night, we must intently and restfully be with God in prayer!

With the Holy Father Pope Francis may we too seek the intercession of Saint Joseph and receive his help all through our life:

> "Hail, Guardian of the Redeemer, Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; In you Mary placed her trust; With you Christ became man. Blessed Joseph, to us too, show yourself a father And guide us in the path of life. Obtain for us grace, mercy and courage, And defend us from every evil. Amen." - Pope Francis

> > St. Joseph, Pray for us!

#### ASHOK PLACE

#### Sacred Heart Cathedral

Parish Priest: Fr. Lawrence P. R Asst. Parish Priest: Fr. John Britto Xavier Asst. Parish Priest: Fr. Shinil Jacob Asst. Parish Priest: Fr Aroykia Raj

# Felicitation of Archbishop on his Sacerdotal Ruby Jubilee

R. Nihal Pedric

n 14th of February, 2021 during the 9.00 am mass, the Parish Community of Sacred Heart Cathedral felicitated His Grace Archbishop Anil J. T. Couto on the occasion of the Sacerdotal Ruby Jubilee. On 8th February, 2021 Archbishop Anil has completed 40 glorious years of his Priestly Ministry in the Archdiocese of Delhi. The Eucharistic celebration was presided over by Archbishop and concelebrated by Fr. Lawrence P. R, Fr. Ajeet Patrick and others. Immediately after the mass Sister Deepti from CJM read out a brief profile of the Archbishop. She said achieving the milestone of 40 years of service as a priest in the Archdiocese of Delhi is a wonderful grace from our Lord. On this special occasion, she had asked the gathering to pray to the Almighty Father that Archbishop Anil Couto be granted many more years of fruitful service to the Archdiocese and the Church and that he be richly blessed with good health, a joyful and peaceful life. On behalf of the Parish, Rev. Fr. Lawrence P. R, the Parish Priest honored His Grace with a shawl and a small gift. He was also presented with plants by Ms Poonam D'Souza, Vice President of the Parish Council, Mr. Ajit Soreng, Secretary of the Parish Council. On behalf of the Society of St. Vincent De Paul, Mr Anil Bernard Barla



honored His Grace with a shawl. Immediately after the felicitation function, the community gathered outside the Cathedral where Archbishop had cut a cake and interacted with the Parish Community. A brief profile of Archbishop Anil is given here. Archbishop Anil Joseph Thomas Couto was born on 22<sup>nd</sup> September, 1954 in Goa as the third child of Avito Piedade Jose Couto and Ernestina Isabel Lobo e Couto. He hails from Aldona-Pomburpa in Bardez, Goa and has three brothers. Initially educated at the Government Primary School, he then went to the St. Elizabeth's High School in Pomburpa, Goa. There he shared the honour of being first among the successful candidates who appeared for SCC examination conducted by the Maharashtra State Board of Secondary Education. He did his ecclesiastical studies at the Seminary of Our Lady of Saligao and philosophical studies at the Patriarchal Seminary at Rachol in Goa where he answered the Lord's call to

work as a priest in the mission territory of North India and opted for the Archdiocese of Delhi after regency at Boy's Town, Quepem, Goa. He joined the Archdiocese of Delhi in June 1977 and after completing the Theological studies at the Vidyajyoti College of Theology in Delhi, was ordained a Priest on the 8th of February, 1981. After a year of Hindi studies in Varanasi, he was appointed as Priest in Charge of the Rohtak Mission in Haryana in 1982. In 1988, he took over as the Principal of St Michael's Junior School Prasad Nagar, New Delhi and was simultaneously serving as Assistant Parish Priest at St. Michael's Church Prasad Nagar, New Delhi. In 1991, he was appointed the Rector of Pratiksha, the Archdiocesan Major Seminary. And He completed Master of Theology degree in Ecumenism at Vidya Jyoti. Thereafter he acquired his doctorate in Ecumenical Theology at St Thomas Acquinas pontifical University (Angelicum), Rome. From June 1998 onwards he was the rector of Vinay Gurukul, the Archdiocesan Minor Seminary in Gurgaon, Haryana. In 1999, the late Archbishop Alan de Lastic appointed Fr. Anil Couto as one of the Episcopal Vicars of the Archdiocese of Delhi. On the 17th January, 2001 the Holy Father Pope John Paul II appointed Fr. Anil Couto as the Titular Bishop of Cenculiana and Auxiliary Bishop of Delhi. In April 2007, the Holy Father Pope Benedict XVI transferred Bishop Anil Joseph Thomas Couto to Jalandhar as its Bishop. On January 20, 2013, Bishop Anil Joseph Thomas Couto returned to Delhi as the Archbishop. At present he is holding a number office such as (i) Secretary General of the Conference of Catholic Bishops of India (CCBI), (ii) Chairman of the CCBI Commission for Theology and Doctrine, (iii) Chairman of the CCBI's Regional Bishops Conference of the North, (iv) Chairman of the CBCI National Vocation Service Centre, (v) Chairman of CBCI Commission for the Clergy and Religious, (vi) Member of the CBCI Special Commission for Evangelization and (vii) Member, CBCI-CRI Joint Committee.























### Ash Wednesday Mass at Cathedral

R. Nihal Pedric

sh Wednesday was observed at the Sacred Heart Cathedral with great sense of Repentance and Penitence on 17<sup>th</sup> February, 2021. On that day we had three masses at the Cathedral. The main service in the evening was presided over by His Grace Archbishop Anil J.T. Couto. Many Priests from Cathedral compound joined him for the Eucharistic celebration. The church was full with faithful for the evening service who got marked on their forehead the Ashes as symbol of dust



and sinfulness of human life. During his introduction speech and homily, Archbishop Anil said that with this Ash Wednesday we are entering with the Lord in the desert to be with him for 40 days and 40 nights as he was in prayer, in fasting, in repentance for all our sins, in abstinence and in arms giving. All these practices, as the word of God would tell us are our signs of inner conversion. The word of God would always remind us that the Lord our God wants us to return to him with our heart's constraint. He has called all of us to pray that we keep the abovebefore us all the time and may the God help us in the power of the Holy Spirit to be renewed, renewed in our body, mind and in our spirit so that we become new persons as God would want us to be. He further saidthat God's Grace comes to us in abundance, God's healing and assurance come to us that we are his children and Citizens of Heaven. He reminded us that

on Ash Wednesday we have been told to repent and believe in Gospel. The other phrases that would be used on Ash Wednesdayis that 'you are dust and unto dust you go'. So where is our arrogance? Where is our pride? and where is our ego? As we are dust and unto dust we will go. He has asked all of us to pray to the Holy Spirit who quide us in the direction of eternal life. St Paul reminds us in the letter to the Corinthians "in the name of God I tell you be reconcile."He posed the following questions to us. How can we come together in reconciliation when there is hatred in ourhearts? when there is division in our hearts? when there is resentment in our hearts? when there is unforgiveness in our hearts. This is the time to come back. Let our God's peace fill our hearts. God's grace fill our hearts. We have to remove all the sins from our hearts. During this Lenten season we pray that God's peace may reign in our hearts. His love may fill in our hearts. His joy may fill our hearts and that make us new people.





#### R K PIIRAM

St. Thomas Church

Parish Priest: Fr. Maria Susai Asst. Parish Priest: Fr. Jardis Nazareth Asst. Parish Priest: Fr. Geo Jacob

### Ash Wednesday

Zilpha Maxwell

sh Wednesday marks the beginning of the Season of

On 17th February, Ash Wednesday Mass was celebrated by the Parish Priest Rev. Fr. Maria Susai at St. Thomas Church R. K. Puram. The Parish Pastoral Council members, President and members of the SCC units were allowed to attend the Holy Mass. The participants were accommodated safely by following the COVID-19 protocols with the help of volunteers. Fr. Geo Jacob and Fr. Jardis Nazareth were also present to guide the people.

Fr. Maria Susai delivered a meaningful Homily by reflecting on Three Pillar of Lent - Prayer, Fasting & Almsgiving which leads us through the forty days to Jesus Rresurrection. These form the three Pillar of Lent and are Powerful means to pull us out of our Self-Centredness and to direct us forward God and Neighbours through Love. Father blessed the Ash and placed it on the forehead of the faithful with complete protocol.

The Parish Priest thanked the Parishioners and others for their whole hearted support during the pandemic and participating regularly in the online Mass.



# R.K Puram reaches out to the needy

Rose Mary

arishioners of St. Thomas Church R.K Puram had decided to reach out to the needy by arranging a lengar on 6th February 2021. Parishioners had contributed in various forms such as cereals, pulses, sugar and donations. Parish Priest Fr.Maria Susai and a few volunteers like Mr.William Joseph, Mr. Vipin Bara and Mr. Manoj had prepared Birayani packets and served thousand people in different parts of Delhi, who were hungry, lonely and down trodden. It was a heart rending experience for every one.

Money was not an issue for meeting the expenses, as the people of R.K Puram are generous and helpful. Our Parish priest has plans to arrange one more lengar very soon.









### Newly Elected Parish youth of R.K Puram

Rose Marv

A meeting was conducted for the election of the new members for the Parish vouth council. The untimely need for new election arose after some of the office bearers left the Parish during the lock down. Under the guidance and supervision of our Parish Priest Rev. Fr. Maria Susai and Fr. Geo Jacob, the new members were elected. The following were elected as the office bearers.

President - Donald Minz Secretary - Preeti Kullu Treasurer - Vipin Bara - Annie Surin Joint secretary

Fr. Maria Susai advised the members to respect one another and work unitedly for the growth of the church and glory of God. He appreciated the involvement of a few youth members, whom he called "The saviors of the Church and Parish fathers" as they relentlessly rendered their help during the lock down. Taking their example, he instructed the youth to be more committed towards the Church and be involved in the church activities.





#### ALAKNANDA

Holy Spirit Church Parish Priest: Fr. Jesu Raj Asst. Parish Priest: Fr. Mukesh Damor

# Celebrations at Holy Spirit Church, Alaknanda

Ms. Sonia Mini

#### Republic Day - 26th January, 2021

n 26th Jan. 2021, we celebrated the Republic Day of our Nation in all its solemnity and grandeur. The celebrants for the Holy Mass were Rev. Fr. P. Jesuraj, our parish priest and Rev. Fr. Mukesh Damor, our assistant parish priest. After the Eucharistic celebration, our parish had a flag hoisting ceremony. The parishioners immensely enjoyed the event.

On that day winners of SCC Carol Singing competition were also rewarded with cash prize and sweets for their exemplary performances who had shown the Christmas joy and togetherness in the midst of COVID-19 Pandemic.

1st Prize: Double, Four Storey SCC & Kalkaji Ext. 3-10 & TA SCC; 2nd

Prize: Kalkaji Extn. 11-14; 3<sup>rd</sup> Prize: Tughlakabad Extn. 1-25, Janta DDA SCC and Alaknanda Apartments SCC.



# Feast of the Presentation of Our Lord Jesus in the Temple

On 02<sup>nd</sup> Feb. 2021, we celebrated the feast of "Presentation of Our Lord Jesus in the Temple" with candle light procession and Holy mass at 06:00 p.m. presided by Fr. Mukesh Damor, Assistant Parish Priest, Holy Spirit Church.

To mark the occasion, the small children present in the church were called forward and specially blessed by the main celebrant Fr. Mukesh Damor.



#### Initiatives of Holy Spirit Church Alaknanda's Women's Council

Ms. Sonia Min

 Webinar held on 10<sup>th</sup> Jan 2021, on Topic: EMBRACE THE POWER TO LEAD hosted by Women Ministry – Holy Spirit Alaknanda.

As we are embracing 2021, Holy Spirit church Alaknanda's Women ministry members are coming together and stronger with the intent rightly stated in "Philippians 2:3-4" Let nothing be done through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself. Let each of you look out not only for his own interests, but also for the interests of others. To bring this in practice in our daily life, the webinar was held by one of our women ministry member Ms. Emmy Anita Gilbert who is an experienced Human Resource professional. We were privileged to have as our Guest of Honor, Ms. Leelamma John, Secretary, Women Council, Church of Resurrection, Rohini.

Ms. Emmy shared her experience of working with young talents where lot of efforts and expenses are done in upskilling on technical skills to succeed in life and the same are measured by individuals to evaluate its ROI (return on investment) through their certificate, job and degree with a zero investment done to empower oneself towards important life and leadership skills. She started the session by running a test with the attendees and cracking the "people code"/Hartman Personality profiling test to know the sentiments of audience. It was an interactive session which focused on the personality traits and working on building strong relationship in motivating others and elevating others. Below were the key takeaways from the session:

- Gaining Insight into your patterns, beliefs and rules
- Defining Qualities and Strengths
- ⊃ Determining how well you Perceive what's going on around you
- ⇒ Polishing Interpersonal Skills and Communication Skills
- **○** Learning about Commitment and How to Move Things Forward
- Making Key Decisions
- ⇒ Handling Your and Other People's Stress Applying Rosenberg Formula
- ➤ Empowering, Motivating and Inspiring Others
- Leading by Example



- 2. Further, Women's ministry took part in the webinar being held by Women's Commission of DCA on the topic "Family, According to the perspectives of Pope Francis" on 31st January 2021. It was facilitated online by Fr. George Manimala.
- 3. Women's council also took part in the webinar by Sr. Inigo on Feb 07th, 2021 which was indeed a very motivational session for all the women.

#### VASANT KUNJ

St. Alphonsa's Church

Parish Priest: Fr. Fredrick D' Souza Asst. Parish Priest: Fr. Joseph Amalraj

# Half Day Recollection for the Catechism Students at St. Alphonsa's Church, Vasant Kunj by TU4C Delhi

Freddie D'Souza

leens United for Christ Delhi, teenagers ministry of the Delhi Charismatic Service of Communion were invited to organise a half day recollection for all the catechism students St. Alphonsa's church in Vasant Kunj. Catechism students from classes 6th to 12th attended took part in the retreat. The retreat began with welcome exhortation by Rev. Fr. Frederick D'souza, the parish priest of St. Alphonsa's Church, Vasant Kunj. Mr. Ajin Joseph, the National Youth Coordinator of Youth United For Christ (YU4C) India & Mr. George David Toppo, a core team member from YU4C Delhi were the resource persons to give the recollection. It



included anointed praise & worship sessions along with two talks by Ajin on God's Extravagant love & Spiritual Growth whereas George took a session on Sin, its consequences & repentance. It was attended by around 70 catechism students. The retreat concluded with the Holy Eucharist celebrated by Rev. Fr. Amalraj, Assistant Parish Priest of St. Alphonsa's church followed by praying over the children and fellowship meal. Praise the Lord!

#### PUSA ROAD

St. Michael's Sr. Sec. School Principal: Rev. Dr. Sabu Joseph

# In the Spirit of Republic Day...

Seema Narang

n the auspicious morning of 26th Jan 2021, St. Michael's Sr. Sec. School, 3 Pusa Road celebrated 72<sup>nd</sup> Republic Day online. It was a matter of great pride for all of us. To fuel in the spirit of patriotism, our National Flag was unfurled by a special Guest of Honour this year, our librarian Mrs. Sushma Seth who is going to

Mrs. Mini John, Chief of Nursing in Fortis was the honourable Chief Guest of the day. She shared her thoughts on challenges and motivation of nurses and doctors especially during this time of COVID-19 pandemic. Her thoughts and experiences were inspirational and heart touching.

The cultural event were presented by the students of class 6 and our tiny tots. The programme started with a graceful prayer dance. A tribute was also paid to soldiers and martyrs through a spectacular dance performance. Students enacted various freedom fighters; through their speeches they invoked the precious contribution of great freedom fighters. They also recited poems. These poems were dedicated to Medical Fraternity and our great leader Dr. B.R. Ambedkar. Our tiny tots really captivated the moment.

Rev. Dr. Sabu Joseph, the School Principal recalled the sacrifice of freedom fighters and shared the importance of unity. He thanked the Organising Committee, Mr. Francis Probha, Ms. Margret Anthony and Ms. Nidhi Dhar. He also extended gratitude to parents for their support.













#### NARELA

Rosary School Principal: Fr. Savariraj Augustine

# **Republic Day Celebration**

Mrs. Sonika

"Give your daily job a rest to take part in the National Fest"

epublic Day is celebrated every year in India on January 26, since 1950 to honour the date on which the constitution of India came into effect. It is a day of national rejoicing and a red letter day in our country. This is an inspiring and favourable event for every one of us in our nation.

This day was celebrated in Rosary School, Narela with great zeal. The school was tastefully decorated with flower, pictures of heroes of the freedom movement and national flags. We started our celebration by unfurling the National flag by the honorable chief guest Mr. Ramphal, a retired instructor from driving training school, Murthal and presently Member of Federation of Narela followed by National Anthem. The chief guest inspired us with his speech and added to our knowledge by enlightening that Dr. B.R. Ambedkar drafted the constitution of India. It was actually passed on 26th November, 1949 and on 26 January 1950 it came into force in India. It took 2 years, 11 months and 18 days to prepare the constitution.

Now, India is secular, democratic country and we are proud to be Indians. Then patriotic songs were sung in chorus by the teachers of our school. This invigorated feeling of pure devotion, loyalty and respect for the nation in all of us which was followed by stirring speech by Geetansh of class 5th who came to school to celebrate this day in spite COVID-19 restrictions.

On this special day we the teachers and the staff promised our motherland that we will do everything to enrich and preserve our heritage, our ethos and our treasure.







#### KHERI MANAJAT

Rosary Sr Sec School Manager: Fr. Savariraj Augustine Headmistress: Sr. Amala Vincy

# Life is possible

Mrs. Bhawana and Ms. Sandhva

"Through hard work, perseverance and faith in God, we can achieve great many things."

As we were about to commence the new academic year 2020-2021, the pandemic blocked us with fear and uncertainties. It gave no opportunities to reopen the school, held us back with fear and left no ways to conduct our curriculum and non-curricular activities. We always placed our trust and faith in God. He led us through the struggle to the triumphant path. He showered his grace upon us and strengthed us. Therefore, we gained courage to overcome the face of fear. We, the Rosarians opted the virtual classrooms to reach out to the students. We ministered our love for teaching through the virtual classes. We were able to conduct curricular activities along with the noncurricular activities as they had been planned. As we look back, we could experience the Providence God throughout the academic year in all our activities. It is His grace that made impossible to possible.

#### The remarkable days and events are:

6th July 2020:

"Education is not a destination, but it is a curious journey to enjoy the beauty of life."

6<sup>th</sup> July 2020, online classes were resumed as per the government guidelines after along summer vacation.

15th July, 2020:

"Believe you can and you are halfway there."

 $15^{th}$  to  $30^{th}$  July 2020, the periodic assessment-I was conducted for the grades  $1^{st}$  to  $6^{th}$ .

18th July, 2020:

"Beautiful writing is not about the words we use, It's about the emotions we evoke."

On 18<sup>th</sup> July, 2020, the literary club conducted English and Hindi writing competition. This competition was conducted through WhatsApp for the classes 2<sup>nd</sup> to 6<sup>th</sup>.

13th August, 2020:

"Talent wins games but teamwork and intelligence win everything."

On 13<sup>th</sup> August, 2020 there was a staff meeting which was chaired by Rev. Fr. Savariraj Augustine, the manager. Sr.

Cecilia was given a farewell and Sr. Vincy was welcomed as a new principal of the school.

14th August, 2020:

"Freedom in the mind, Faith in the words Pride in our souls, let us salute the nation on this Independence Day."

On 14 August 2020, the 76<sup>th</sup> Independence Day was celebrated in the school campus. Each teacher brought 2 students with them from their neighborhood. They sang patriotic song. The speech was given by Vanshika, the student of class 6.

22<sup>nd</sup> August, 2020:

"Good teachers know how to bring out the best in students through parents."

On 22<sup>nd</sup> August, 2020, a PTM was conducted through WhatsApp video call and voice call.

5th September, 2020:

"Teacher is the profession that teaches other profession."

On 5<sup>th</sup> September, 2020 the Teacher's Day was celebrated with great enthusiasm by the management, the teachers and the non-teaching staff of both Rosary school, Narela and Rosary Senior Secondary School, Kheri Manajat. Various games were conducted and the winners were appreciated with the stunning awards. A delicious lunch was provided for everyone.

10th September, 2020:

"Stay positive, work hard, make it happen."

The Half yearly exams were organized from 10<sup>th</sup> to 28 September, 2020, through WhatsApp and Socrative app.

20th September, 2020:

"There is a beauty in strong personality."

On 20<sup>th</sup> September, 2020 and the Archbishop Anil Couto visited Rosary Senior Secondary School, Kheri Manajat.

1st October, 2020:

"The future depends on what you do today."

Gandhi Jayanti was celebrated in Rosary school, Narela alone with Rosary Senior Secondary School teachers. There was a small prayer in order to commemorate the birth of Mahatma Gandhi.

#### 7th October, 2020:

"Every day is a good day, There is something to learn, Care and celebrate."

On 7<sup>th</sup> October, 2020 the school celebrated the feast of Our Lady of Rosary in Rosary School, Narela. The chief guest for the festivity was Rev. Fr. Jose T.J., the manager, St. Mary's Senior Secondary School, Mayur Vihar.

#### 12th October, 2020:

#### "A great person is one who affects the mind of the generation."

On 12<sup>th</sup> October, 2020 Fr. Savariraj Augustine and Sr. Madona (Regional superior of servite sisters) visited Rosary Sr. Sec School, Kheri Manajat.

#### 22<sup>nd</sup> October, 2020:

# "Everything being a constant carnival there is no carnival left."

Dussehra was celebrated with great enthusiasm by the management, teachers and the non-teaching staff members.

#### 30th October, 2020:

# "Happiness is a collection of joyful experience shared with soul friends. We together and have some fun."

On 30<sup>th</sup> October 2020, there was a lovely get-together in the school. Staff from Rosary School, Narela was part of the get-together. This was held at Rosary Sr. Sec School, Kheri Manajat. It turned out to be a fun filled day, full of activities and then we signed off with a scrumptious food.

#### 6th November, 2020:

#### "What has a role in education of helping children become like themselves instead of more like everyone else."

Fruit colouring and Bindi pasting competition held on 6<sup>th</sup> November. All the students participated with full spirit. Three best winners were awarded with certificates.

#### 7th November, 2020:

"Rangoli is colourful art."
"The flame of the Diya, reminds us

# that light will ultimately triumph over darkness."

Rangoli and Diya Decoration competitions were conducted for the students of classes 1st to 6th through WhatsApp and three best students were awarded with certificates. The main objective of these competitions was to explore the students' imagination and creativity.

#### 12th November, 2020:

#### "It is the day to light Diyas to sparkle our happiness."

It is the festival of lights celebrates it with joy. Rosary Senior Secondary School installed a charity box in order to raise funds for the poor and needy. The school also planted trees to convert the occasion into ecofriendly Diwali and children's day. Fr. John Rosario was the chief guest of the event.

#### 21st November to 3rd December:

#### "Your exam results don't predict your future but it can be a proof of your hard work and dedication towards studies."

The periodic assessment-II was conducted as it was scheduled for the students of 1st to 6th.

#### 11th December, 2020:

#### "Competition on anything is good Because it makes everybody better."

On 11<sup>th</sup> December 2020, a Hindi Rhymes competition was conducted for the students of LKG through WhatsApp. The students passionately participated in the competition.

#### 17th December, 2020:

"We don't present our voices to the audience.

#### We resonate our souls."

On 17 December 2020, a thrilling 'Inter school carol singing competition' was conducted by the Montfort School for the students of 1<sup>st</sup> to 5<sup>th</sup>. 5 students from our school participated joyfully in the competition virtually.

#### 21st December, 2020:

# "Christmas will always be as long as we stand Heart to heart and hand-in-hand."

On 21 December 2020, our school hosted a short culture program on the occasion of Christmas. Rev. Fr. Savariraj Augustine, the manager was the chief guest. The day was magnified with the Holy Eucharist. Teaching and all the non-teaching staff members were present with a great devotion.

#### 7<sup>th</sup>-12<sup>th</sup> January, 2021:

#### "The more that you read The more things you will know That you learn, the more places you will go."

On these days, all the teachers went to different villages to spread the literacy and the availability of Rosary Sr. Sec School among the people. All the teachers were divided into four groups. Each group had three teachers. Response of the people was very good and the efforts of teachers were also appreciable.

#### 16th January, 2021:

#### "Competition makes us faster Collaboration makes us better."

Word building competition was held on 16 January 2021 for the grades UKG to  $6^{\text{th}}$ . Mostly, the students took part with a great interest and excitement.

#### 25th January, 2021:

It was decided to celebrate the Republic Day on 25<sup>th</sup> January. As we recorded the program a day before the event, we successfully uploaded on You Tube channel.

#### 1st February, 2021:

# "All the studying you are doing is will be worth it in the end! Good Luck!"

Yearly examinations began from 1st to 17th February. The examination was conducted online through socrative and whatsaap. It was over whelming to know that all the students appeared for the exams and performed exceptionally well.



Keep your dreams alive, nothing is impossible.

Keep your ambition alive, everything is possible.

We, the Rosarians are proud to make the things possible.



















# **Republic Day Celebration**

Mrs. Ritu

"Freedom in mind, Faith in words, Pride in our hearts, and memories in our Souls.

Let's salute the great nation India".

Let us remember the golden heritage of our country and feel proud to be a part of an ever- shining India.

Republic means a form of government in which "Power is held by the people and their elected representatives". We celebrate 26<sup>th</sup> January as our Republic Day. It is a celebration of our constitution. It is a day of national rejoicing and a memorable day of our country.

The 72<sup>nd</sup> Republic day was celebrated in Rosary Sr. Sec. School, Kheri Manajat on 25<sup>th</sup>January, 2021 with a great elation. This day was celebrated with a great fanfare and grandeur in school premises.

The day began with a beautiful prayer song "Life is beautiful", sung by our teachers and made the environment holy. This song lifted our hearts and mind to God to pray and connected with Him. We filled with a feeling of patriotism and dedication gathered on the ground. The three colours of our flag symbolize the sacrifice of the millions who died fighting for its peace and prosperity that prevail in our nation. The national flag is a symbol of freedom and paramount significance for India. It reflects the political developments in the nation.





Mr. Antony delivered a speech on Republic Day and shared the importance of this historical day to the students and urged them to do their best and feel proud to be Indians. He also elaborated the three organs of modern state and that are: Legislature, Executive and Judiciary with a mind- blowing caption. As he was winding up his speech, he elevated the principles of Dr. Baba Saheb Ambedkar and his precepts for our nation. Baba Saheb Ambedkar always lighted our path by his words, "If we wish to maintain democracy not merely in form, but also infect what we must do? The 1st thing in my judgement, we must do is to hold fast to constitutional methods of achieving our social and economic objectives".

There was a dance performance on the patriotic song "Desh Rangilla" by the teachers. The graceful movements of the dancers were spellbinding. After that, the choir group of teachers presented the patriotic song, "Ae mere vatanke logo" and gave tribute to our brave heroes with their melodious voice. It was such a heart touching moment.

Thereafter, our principal Sr. Amala Vincy addressed the gathering and highlighted the significance of the day and made the children aware that the future of the country lies in their hands. As she shared her life experiences and motivated the students to serve our country and be good citizens. With her thought- provoking words, the program was brought to end.

A nation is what its people want it to be. We should be grateful that our forefathers struggled and sacrificed their lives to give the life of independency. It is now our duty to take it forward and work towards making India the best country.

"Freedom is not given, freedom is taken and we need laws for its safety".



#### HAUZKHAS

Sahoday Sr. Sec. School Manager: Fr. James Peter Rai Principal: Sr Joyce Fernandes

#### United we Stand

Mrs Rhawana

"Freedom in the mind, Strength in the words Pureness in our blood, Pride in our souls, Zeal in our hearts Let's salute India, our motherland".

On the  $72^{nd}$  Republic Day, it was a proud moment for all of us to once more appreciate the contribution of the great visionaries who laid the foundation of a progressive and developing "Bharat" by framing a Constitution which would make their people independent, secular, democratic and just.

Celebrating this beautiful day, the students of Sahoday Senior Secondary School did not leave any stone unturned on sharing their views on our country's glorious and rich heritage.

In this time of pandemic when life stood still for many, there is a change that most of us experienced that was in believing in oneself and moving on. Though the obstacle appeared great but the efforts made to overcome it was greater.

On 25 January 2021, our school celebrated 72<sup>nd</sup> Republic Day with same joy, excitement and vibrance. Every class conducted a virtual assembly showcasing beautifully the rich culture and golden heritage. The assemblies started by giving thanks to God Almighty for carrying us through safely followed by a prayer song in which all the students of the respective classes participated. There was a vivid exhibition of our culture and tradition by the students in different dance forms, power point presentations highlighting the importance and significance of the day. The Preamble was read out loudly reminding everyone about the sovereignty, fraternity and equality of our nation. The feeling of patriotism changed the atmosphere.

The assemblies conducted at different levels of primary, high school and senior secondary made the Management and the Staff proud by the effort made by their students. All this would not have been possible without the encouragement of our Manager Rev. Fr. James Peter Raj, our Principal Rev. Sr. Joyce Fernandes and our Headmistress Rev. Sr. Alice who tirelessly encouraged the staff and the students and stood firm as pillars in these testing times.

Visualising the efforts made by all in putting up the programme taught all of us once again that --- "what may come and what may go but the show must go on".

#### MAYUR VIHAR PHASE III

St. Mary's Sr. Sec. School Manager: Rev. Fr. Jose T.J Principal: Rev. Sr. Merlin C J

# Felicitation Ceremony of Batch 2019–2020

Mrs. Sonu Borges

"EXCELLENCE IS NEVER AN ACCIDENT, IT IS ALWAYS THE RESULT OF GREAT INTENTIONS, SINCERE EFFORT AND HIGH EXECUTION, IT REPRESENTS THE WISE CHOICES OF MANY ALTERNATIVES"

The above lines mentioned by Aristotle, centuries ago, were truly relived in the St. Mary's Hall on 5th February, '21 when the academic achievers of the batch 2019-20 were felicitated with mementos and certificates for their excellent performance in the last academic year.

The ceremony began with the school manager Rev. Fr. Jose T. J, presenting the memento's and certificates to the school toppers of the commerce and science stream. Rohit Bhatt of class XII D stood first from the commerce section with 97.6% and Elna Saju of XII B 96.6%.

The subject toppers of the science stream were felicitated by our principal Rev. Sr. Merlin and the subject toppers of the commerce stream were felicitated by our headmistress Rev. Sr. Poonam.

Rev. Sr. Merlin also gave a trophy and certificate to Rohit Bhatt for his excellent performance in the Commerce Olympiad organised by Commerce Teachers Foundation and Science Olympiad Foundation.

The school manager Rev. Fr. Jose T. J and Principal Rev. Sr. Merlin also gave a trophy, a certificate and a cheque of Rs.1000 to one of their teachers' Mrs. Sonu Borges from the Science Olympiad Foundation for her contribution.

Our honourable principal addressed the awardees as 'winners' and she told them that God has bestowed his blessings upon them. She further encouraged them by saying that they are the chosen ones and that 'He' has acknowledged their hard work and rewarded them with an excellent result.

In the end, two ex-Marians – Joseph K. Saji and Prachi Mishra extended their gratitude to the school for the guidance and values which St. Mary's has instilled in them. They are now confident to face the new challenges in front of them as proud Marians – full of hope, success and achievements.



# The Most Incomparable Woman of Her Times-Mother Mary Ward

Mrs Vinny Barreto

St. Mary's Sr. Sec. School celebrated their Mother Mary Ward week from 23<sup>rd</sup> January to 30<sup>th</sup> January commemorating Mother Mary Ward's birth and death anniversary. Mother Mary Ward was the foundress of the Congregation of Jesus (CJ). Our school is entrusted to the C.J Sisters under whose able guidance the school is achieving greater heights.

Following the footsteps of Mother Mary Ward, our sisters cater to the education of the youth with special emphasis on moral and spiritual formation according to the needs of the time.

This year the celebration was held on a virtual platform. It began with a prayer assembly by class 8 on  $23^{\rm rd}$  January remembering the virtues of our foundress. Our Principal, Rev. Sr. Merlin, Our headmistress Rev. Sr. Poonam and Rev. Sr. Rose inaugurated the Mary Ward Week by lighting the ceremonial lamp as a symbol of the three virtues – Freedom, Justice and Sincerity on which the entire spirituality of the congregation stands.





Class 8 students took the entire school in a prayerful mood with a Bible reading and recited poems in praise of the work done by Mother Mary Ward. Maxims of Mother Mary Ward were enacted by the students to highlight its relevance in the present day times. Our school Manager Rev. Fr. Jose T.J. also extended his festal greetings to our dear sisters. This was followed by a dance and gifting of saplings to our sisters as a token of our love and gratitude for their contributions towards the school and the motivation they instil in all children alike, to become better human beings.

The celebrations concluded with a calligraphy competition on the maxims of Mother Mary Ward on 30th January, '21.

# **Oral Health Campaign**

Mrs. Sunita Pande

A webinar was organized by the Oral Health Educator, Ms. Shivangi on 10<sup>th</sup> February, 2021 for the parents and students of our primary wing. The topic of the webinar was 'Brush Twice a Day' (BTAD).

The purpose for this interaction was to spread awareness about oral hygiene and the need to know and learn good oral health care methods. As the name suggests, the objective of this session was to inculcate the habit of brushing one's teeth twice a day. It emphasized on the need to inculcate habit formation of brushing after meals/ second time brushing especially among children.

The session was short yet quite informative, engaging and highly interactive with a number of games, quizzes and flipcharts. Our students actively participated in these activities and have surely learnt from this campaign. It was a great learning experience for all.



# **Republic Day Celebrations**

Mrs. Aurita Claire John

Every year 26<sup>th</sup> January is marked as an important day in which every Indians heart is filled with patriotism and immense love and respect for our motherland. On 25<sup>th</sup> morning, a few teachers and the office staff witnessed the unfurling of our national flag by our school principal in the school premises, keeping in mind the COVID-19 protocols.

St Mary's relived the events of this day with virtual assemblies by Class 6 (senior wing) and by class 3





(primary wing), commemorating its relevance in every Indian's lives. The senior wing's assembly opened with the depiction and recital of the poem - 'Where the mind is without fear', by Rabindranath Tagore followed by a prayer song.

In both assemblies, students spoke about the making of our constitution and its features. The virtual R-Day celebrations was made as lively as possible with our students showcasing the multi-hued image of the country's cultural heritage, through well prepared skits, dances, poems songs and prayers.

Our Principal Rev. Sr. Merlin urged us to rededicate ourselves to build a stronger nation. By forgetting all the disparities present around us, we must look forward for a newer and a stable India which our founding fathers had prayed for. Our headmistress, Rev Sr. Poonam encouraged us to take a pledge not to disappoint our founding fathers by fulfilling our duties and to live in peace and harmony.

Though celebrations were a low key this year, the assembly was worth cherishing.

#### PIISA RNAD

St Michael's Sr. Sec. School Principal: Rev. Dr. Sabu Joseph

#### **Au Revoir**

Seema Narang

#### You'll always be remembered with love and warmth...

Mrs. Sushma Seth, Librarian of St. Michael's Sr. Sec. School, 3 Pusa Road, New Delhi who after serving the institution for thirty-three years with dedication, commitment and loyalty retired on 18th February 2021. On the occasion, a virtual farewell programme was organized for students to honour the dedicated services of our dear teacher Mrs. Sushma. The programme commenced with a special Prayer service followed by a Speech on the importance of the Library and Library teacher. She was felicitated by the Manager Rev. Fr.



Savari Muthu Sankar, Principal Rev. Dr. Sabu Joseph along with School Coordinators Mrs. Olinka Gulati and Mrs. Magdalene Bhat.

In the online programme, staff, students and retired teachers of the school shared their thoughts, experiences and appreciated her selfless service to the school. Teachers spoke about her humble nature and down to earth personality. Retired teachers rose to the occasion and shared touching moments and memories. A few alumni of the school shared their escapades of the library period and how Sushma ma'am helped them to become avid readers. A small Video presentation of her journey in the school was shared. Thrilling dance performances by students gave the event a colorful twist. Mrs. Sushma shared her thoughts and feelings about the Institution, staff and students; and thanked them for their love and cooperation.

The celebration continued with a farewell meet in the school in honour of the great teacher. Teachers paid tribute to her through a melodious performance. Several teachers thanked her for helpful assistance and gestures. Principal Rev. Dr. Sabu Joseph, thanked her for her committed service to the school and wished her the best for her future endeavours.

The school will remember her for the years to come for her dedicated service for over three decades.









#### **CHETANALAYA**

# Chetanalaya and Lenten Initiatives

Fr. John Britto, Director, Chetanalaya

Beginning with Ash Wednesday, we reflect and prepare ourselves to celebrate the Easter worthily. The Church proposes three pillars that will enable us to prepare ourselves in a better manner that is to say, prayer, fasting and almsgiving. Based on the pillars, Lenten Campaign against hunger and disease is one of the annual campaigns we organize and help the needy throughout the year from the support. The theme of this year's campaign against hunger and disease is 'Healthy Life and Healthy India.'

Besides the annual campaign, Chetanalaya, Social Action Wing of our Archdiocese has promoted some initiatives namely 'Feed 40 People for 40 Days' 'Chetanalaya Walk-a-ton 2: Walk 4 Plants' and 'Recover: An effort to rehabilitate 20 children under substance abuse.'

Feed 40 People for 40 Days: We found 40 neediest people (30 at Sundernagri and 10 at Savda). We provide a meal per day for 40 days to 40 people (40 people X 40 days = 1600 meals). Meanwhile we will also find out the ways and means to help them help themselves.



Chetanalaya Walk-a-ton2: Walk 4 Plants: It is a Lenten initiative wherein for every 10000 steps that the participant takes, Chetanalaya Environment Education Centre will plant a sapling or sponsor a plant. This will help us physically and spiritually. If 50 participants walk 5000 steps a day for 40 days = we would take 1 crore steps which would mean 1000 plants. This would ensure a sizable reduction of carbon footprints.



Recover: An effort to rehabilitate 20 children under substance abuse: As a Lenten initiative we have begun this campaign to support 20 children under substance abuse. The children are mainly from the rag pickers community at Jahangirpuri. With the support of our well-wishers we would be providing a diet rich meal to the children (20 children @ 20/- per meal x 5 days in a week x 50 weeks = 100000/-).

If any one wishes to sponsor/donate or be part of these campaigns please do contact us at chetanalaya@gmail.com or send us a whatsapp message to 8377820980 (Director) and 9582800686 (Programme Manager).

#### ST. VINCENT D PAUL SOCIETY

# Coat Drive by Youth Vincentians of Delhi during Winter

R. Nihal Pedric

The Youth Members of the St. Vincent De Paul Society, Central Council of Delhi (CCD), started a Coat Drive on 10th December, 2020. The aim of the Coat Drive was to share some warmth with the people living on the streets and the slums in this winter season. The youth members collected clothes from various homes across Delhi and distributed to people in Kishangarh slum area, Rain Basera near Khel gaon, slums in Sarai Kale khan, slums near Yamuna river, slums near DND flyover, slums near khora colony and also to people on the streets in and around Lady Harding Hospital and Connaught Place. Some warm clothes were also sent to the Farmers protest area. 20 new blankets were also distributed to people near Paharganj area.

#### Distribution of Blankets and Sleeping Bags by the Conferences under Central Council of Delhi

Every year during the peak winter Session, the Sacred Heart Cathedral Conference members of the Society of St. Vincent De Paul have been distributing warm cloths and blankets to the needy poor people especially the street dwellers in and around Central Delhi. This year the Conference has decided to visit a jhuggi cluster to distribute sleeping bags and also to serve a hot meal to them. This has been done in collaboration with Chetanalaya the most serving nonprofit organization in Delhi and Haryana under the Archdiocese of Delhi. This programme was titled "Spread the Warmth" for sharing a hot meal and a blanket with the elderly people. On 9th January, 2021, members of the SSVP along with Fr. John Britto, Director of Chetanalaya visited Jahangirpuri, G Juggi cluster and distributed 50 sleeping bags to the elderly persons. The sleeping bags have been donated by PRATYEK, NGO who is running a blanket drive for people living on streets and for those in need so that they feel safe in the winter.

During winter 200 blankets from an NGO were distributed by the Dwarka Conference in and around Dwarka to the pavement dwellers, slum clusters, etc. St. Alphonsa Conference, Vikaspuri also distributed 100 blankets to the adopted families and those in the slums in and around Vikaspuri. St. Mother Teresa Conference also arranged distribution of blankets to the needy. Blankets were also distributed by St. Ambrose Conference, Assumption Conference of Mayur Vihar Phase III.



#### JEEVAN JYOTI ASHRAM BURARI

### Monthly 2<sup>nd</sup> Friday JJA Hindi & Malayalam

George David Toppo

Jeevan Jyoti Ashram, Burari conducted its 2<sup>nd</sup> Friday monthly night vigil for the Hindi and Malayalam speaking community. The Hindi night vigil was live streamed on our youtube channel and hundreds attended the same. It included anointing adoration along with a reflection on the theme "New Creation in Christ" by Rev. Fr. Thomas Menappattu OFM Cap from Krist Raja Retreat Center, Ghaziabad and praise & worship session led by JJA Hindi choir. The Malayalam speaking community on the other hand conducted an intercessory night vigil that was live streamed on our Youtube Channel and facebook page. During this time, members of the Delhi Crusaders Team ie., the Intercession Ministry of the Delhi Charismatic Service of Communion sat before the blessed sacrament in Jeevan Jyoti Ashram, Burari and interceded for all the petitions being received through our various social media platforms. This intercessory malayalam night vigil was initiated after one of the intercessors received a message from the Lord during a 72 hours of intercessory adoration. Thousands of people joined through facebook and youtube in interceding for the church and the nation.



# Jericho 2021 (Batch 8): A 15-Day Online International Prophetic Intercession Training Course

(For Overseas Participants)

George David Toppo

The Delhi Charismatic Renewal Services organised a 15day online international prophetic intercession training course for overseas participants from 1st to 15th February 2021. It was led by Rt. Rev. Francis Kalist, Bishop of Meerut and Episcopal Advisor to CHARIS India, and Mr. Cyril John, Member, CHARIS International. This course was the 8th batch of Jericho 2021 that focused on training anointed prophetic intercessors for the Church and the nation. It witnessed a total of 65 participants from 10 countries, viz, Peru, Sri Lanka, Canada, India, Malaysia, Mauritius, Singapore, UAE, USA and UK. Practical workshops on Charisms and prophetic intercession increased the vibrancy of the course as the participants were divided into different groups as per their countries and continents. On the evening of February 14, we had the live Eucharistic adoration and prayer for healing and baptism in the Holy Spirit (BHS) streamed from Jeevan Jyoti Ashram, Delhi that was led by Rt. Rev. Francis Kalist, Mr. Cyril John & Mr. Ajin Joseph as the participant joined via zoom. The training course concluded with an interactive session of the participants with the speakers, where the participants got an opportunity to interact with the resource



and share their experience. As a follow-up to this course, all the 65 trained prophetic intercessors have decided to meet on every 3<sup>rd</sup> Saturday of the month along with those of the previous batches of Jericho 2021 and prophetically intercede for the Church & the World.



# L.T.P. 2021 "Leadership Training Program": 3-Day Online Virtual Program

Snead Joanna Cardozo

Youth United for Christ (YU4C), Delhi conducted its annual growth retreat Leadership Training Program (L.T.P.) from 23rd to 25th January 2021. Due to COVID-19 restrictions, the retreat was conducted virtually via Zoom and YU4C Delhi's YouTube channel. Being a virtual program 100+ leaders across the globe registered themselves. A beautiful introduction commenced the first day of the event followed by a praise and worship session led by Ms. Snead Cardozo and her siblings. Later a talk was given by Mr. Shirish Sebastian on the topic of 'Holiness: Being Chaste Leaders Knowing Our Boundaries.' The second day began in a similar manner with praise and worship led by Ms. Ligy Mary, followed by a session on the topic 'Behold: I Make All Things New' which was once again delivered by Mr. Shirish. The final day commenced with a praise and worship session led by Mr. Thomson George and Mr. Ritic Joel followed by a talk on 'Ignited to Ignite' by Mr. Cyril John. To ignite the fire, once again the Holy Spirit was welcomed followed by a time of silence. The session ended with everyone having a great time of fellowship, sharing their experiences and how this program helped



them grow. The retreat was fruitful as anointed praise and worships along with powerful sessions delivered by the speakers ignited the fire within everyone.

### Monthly English Worship & Healing Night

Jancy Johnson

The Delhi Charismatic Service Communion (DCSC) conducted its monthly worship & healing night for all the English speaking community on 19th February 2021 from 9pm to 10:30pm. It is our monthly English night vigil, an initiative of the English Delhi Crusaders i.e., the intercession ministry of the DCSC. During this time, the Blessed Sacrament was exposed in Jeevan Jyoti Ashram, Burari as the participants joined via zoom. The night vigil began with the praise and worship led by the David's Harp Band ie., the catholic music band of YU4C Delhi followed by a talk given by Rev. Arockia Nathan MMI, Assistant Spiritual Director of Jeevan Jyoti Ashram, Burari. Testimonies were shared by Ms. Judy Mary Cyril from YU4C Lucknow & Ms. Melissa from Singapore. After which, a healing service was led by Mr. George David Toppo & Mr. Ajin Joseph. Worship & Healing night was attended by various participants from all across the globe through zoom, YouTube and our Facebook page as the night vigil was also streamed live on all social media platforms.



# Joy of Gospel, Face of Mercy, Care for Common Home and Family

Elizabeth Antony

Secretary, Women Commission, Archdiocese of Delhi.

Women commission successfully organized another webinar and are extremely thankful to Rev. Fr George Manimala for refreshing our spiritual journey as he shared his wisdom and knowledge with the participants. Father reminded us to introspect our conscience, listen to the word of God and encounter Christ within us. Joy of Gospel is Joy of love. What a consolation to the humble human, as father recollected,"God is never tired of forgiveness".

As Jesus walks with us everyday in spirit, we have to accompany people in their distress or lead the restless to the sacred call or sanctuary of spirituality that is the conscience or the temple of God by love, care, compassion and aid. People should feel welcomed to the church by the acts of concern and healing. Forgiveness, compassion and mercy should be the tools to connect spiritually with others.

Rev. Fr George Manimala explained the vision of Pope Francis for caring the common home, our environment.

Church is a family of families. Holy family is our inspiration. Marriage reflects the reality of God. In a perfect family, all are equal, husband, wife, children and parents share the responsibilities. No condemning only guiding, no criticizing only enabling, instead of aggression patience and instead of finding fault acceptance and compromise, the vision pope, reinforced by Fr. George. Also we were reminded to practice, May I, Thank you and Sorry even at home, among old or young partners, or by all members of the family. In the vineyard of family if humility adds more wine, the spiritual drink, prayer makes the string of bondage more stronger.

#### YOUTH CORNER

### Divine Harmony

Nikhil George

If you look at all of creation there is this harmony that one can see. Be it the wings of a bird, the pupil of our eye, the waterfall, the pattern on a lady bird, the scales of a fish, the clouds in the sky. They all seem to be in divine harmony. No wonder even when we clean our study table it feels nice. There is something soothing about getting a place in order. Even if it is a jail cell, when the things are at the right place it just feels better. How are the things in our life?

How are things in our mailbox? Our room? Our phones? Our desktop? Our kitchen? Our schedule? Our priorities?

Every now and then it's good to spend some time cleaning up.

Even if it's just a small corner in the room or our heart. It helps.

It is divine if I may say so.

Our lives are dictated by our thoughts. And good thoughts emanate when it

is stimulated by a clean and orderly space.

If we look at music, in every song there is a groove or a rhythm or a beat that gives it a sense of pattern. That again is soothing to the ears. So even in a song in which the lyrics may be rubbish, the order in the rhythm may be pleasing to hear. But obviously the song connects at a deeper level when the lyrics and the music both are of high quality.

When a dancer performs, she looks the most elegant when her moves are in sync with the music.

A marriage may have two contrasting personalities but there is beauty that emerges when they compliment each other and take on different challenges in life.

In a basketball game we see a team at work when the ball passing is almost seamless, when the players know each other well. They know each other's strengths and weaknesses, a shooter is supported by a screener, a defender is supported by his teammate on the weak side. It looks like a dance when a great basketball team is in full flow. It looks divine.

Even in the Catholic Church we can see that order at play.

The clarity in hierarchy and unity is quite unique. Especially when the scale is so huge.

It is difficult and seems almost impossible looking at how long it has been, but the Father truly did entrust Peter with the keys so that the gates of hades would never prevail over it.

We need that divine harmony to permeate every area of our life. We need to deep dive into the Spirit and let Him seep through.

Bring our chaos to Him. Place our mess before Him.

Let His light shine and make you us the particles drifting about. So that He can bring them to rest.



Caritas India, the Social Development Wing of the Catholic Bishops' Conference of India is pleased to announce the following job opening:

**Position:** Lead - Information Technology

**Primary role of the position:** To provide and ensure direct support to offices of all locations of Caritas India on IT infrastructure development and its maintenance, troubleshooting and upgradation. Strengthening the IT systems as per changing organizational needs. To formulate and implement organizational IT policy and guidelines.

**Oualification / Work Experience:** Graduate or PG in Computer Science / Computer Applications or equivalent degree. Incumbent should possess experience in leading and rolling out IT infrastructure with 5-8 years in similar role. Excellent working knowledge of computer systems, security, network and systems administration, databases, data storage systems and phone systems. Strong organizational and planning skills, good in communication with a positive attitude and team spirit. An understanding of the development sector would be an added advantage. Salary: INR 70,000/ - p.m. (Monthly gross) plus additional benefits.

**Employment:** Annual contract renewable on performance basis.

Interested and qualifying candidates may please send their CV mentioning their last drawn salary along with 2 references with complete contact details via email to-hr@caritasindia.org; please mention the position applied for: Lead - Information Technology in the subject line. Your application should reach us by 15th March 2021. Only the shortlisted candidates will be contacted for interaction

> Caritas India, CBCI Centre 1 Ashok Place, New Delhi - 110001 Email: hr@caritasindia.org Web: www.caritasindia.org

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#### MIRACULOUS PRAYER TO THE HOLY SPIRIT



Holy Spirit, You who makes me see everything and shows me the way to reach my ideal, You who gives me the divine gift to forgive and forget the wrong that is done to me and You who are in all instances of my life with me, I, in this short dialogue, want to thank You for everything and affirm once more that I never want to be separated from You, no matter how great the material desires may be. I want to be with You and my loved once in Your perpetual glory. Amen.

This prayer should be said for 3 consecutive days without saying your wish or intension. After the 3<sup>rd</sup> day, your sincere wish will be granted no matter how difficult it may be. Promise to offer thanksgiving by sharing it and expressing it on granting of your favour. The idea is to spread the wonder of the Holy Spirit.

Antoinette D' Souza

# SOULMATE

Parents seeking alliance for a male Doctor aged 28 years, 6' height Post Graduated from P.G.I, Chandigarh. Presently working at P.G.I, Chandigarh. Proposals invited from suitable girls from the same profession (Doctors). Please contact: 9866508592, Email: celes8592@gmail.com

Parents seeking suitable match for Delhi Based Mangalorian Roman Catholic Boy, MBA,30 years, 5ft.7inch and well settled in established business. Proposals invited from girls with strong family values. Please contact: 9999916405, E-mail: stj2021@yahoo.com

#### ANNIVERSARIES 15TH MARCH 2021 TO 15TH APRIL 2021

- PASTORAL CLERGY -

#### **BIRTHDAY**

#### MARCH

- 17 Umesh Ekka (1979)
- 18 Anthony Williams (1973)
- 23 Zacharias Bhengra (1982)
- 26 Jose Stephen (1977)
- 27 Perianayagam (1983)
- 29 Kerin Anto(1989)
- 31 Bipin Ekka (1975)

#### **APRIL**

- 3 Ayres Fernandes (1950)
- 4 Biju Xavier (1973)
- 4 Joseph Henry (1970)
- 10 Julian Kullu (1973)
- 11 Balraj L. (1982)
- 15 Suman Kumar (1968)

#### **ORDINATIONS**

#### MARCH

24 Fr. Arul Anthony (1979)

#### APRII.

- 1+ Vincent Concessao(E.Or.1995)
- 3 Elias Dung Dung (1989)
- 4 Norbert Lewis (1989)
- 9 George Manimala (1985)
- 10 Francis Swaminathan (1990)
- 11 Zacharias Bhengra (2013)
- 12 Vijay Kullu (2013)
- 12 Ajit Kerketta (2013)
- 14 Anthony Francis (1994)
- 14 Albert Francis (1994)

#### DEATH ANNIVERSARIES

#### MARCH

Fr. Jorge L. D'Souza 15-03-1988 Fr. Leslie Didier' Serre 20-03-2003 Fr. Cyril Rasquina 06-03-2003 Fr. Paul Sarrao 09-03-2018

Fr. Joseph Thomas 20-03-2020

#### **APRIL**

Fr. Abraham Pulikottil 04-04-2003 Fr. Albert Pinto 14-04-2009

# **Calendar of Feasts**

### **MARCH 2021**

- 1 Saint David of Wales
- 2 Saint Agnes of Bohemia
- 3 Saint Katharine Drexel, virgin
- 4 Saint Casimir
- 5 Saint John Joseph of the Cross
- 6 Saint Colette
- 7 Saints Perpetua and Felicity, martyrs
- 8 Saint John of God, religious
- 9 Saint Dominic Savio
- 10 Saint John Ogilvie
- 11 Saint Constantine
- 12 Saint Maximilian
- 13 Saint Leander of Seville
- 14 Saint Matilda
- 15 Saint Louise de Marillac
- 16 Saint Abban

- 17 Saint Patrick, bishop
- 18 Saint Cyril of Jerusalem, bishop and doctor
- 19 Saint Joseph Husband of the Blessed Virgin Mary
- 20 Blessed John of Parma
- 21 Saint Enda
- 22 Saint Nicholas Owen
- 23 Saint Turibius of Mogrovejo, bishop
- 24 Saint Catherine of Genoa
- 25 Solemnity of the Annunciation of the Lord
- **26** Saint Margaret Clitherow
- 27 Blessed Francis Faà di Bruno
- 28 Saint Hesychius of Jerusalem
- 29 Saint Berthold
- 30 Saint Peter Regalado
- 31 Saint Stephen of Mar Saba

# Special

# SACERDOTAL RUBY JUBILEE

(08-02-1981 - 08-02-2021)

MOST. REV. DR. ANIL J. T. COUTO, ARCHBISHOP OF DELHI







































Special

# Sacerdotal Ruby Jubilee



Special

# Sacerdotal Ruby Jubilee









































**MARCH 2021** 

# ARCHBISHOP ANIL J.T. COUTO **ENGAGEMENTS**

01	Mon	06.30 a.m.	Mass at Nuh
02	Tue	10.30 a.m.	NISCORT
		07.00 P.M.	Mass at Carmel Convent
03	Wed	10.00 a.m.	Governing Board Meeting-Delhi Catholic Archdiocese
04	Thu	09.30 a.m.	Curia Meeting
05	Fri	10.30 a.m.	Vocation Promoters' Meeting
		05.00 p.m.	Way of the Cross -St. Jude's Church, Sonepat
06	Sat	09.30 a.m.	CCBI Office Bearers' Meeting-Online
		04.30 p.m.	Priestly Ordination of MC Deacons- Deepashram, Gurgaon
07	Sun	05.00 p.m.	Golden Jubilee –St. Paul's Church, Delhi Cantt
08-09			Out of Station
10	Wed	10.15 a.m.	Formation Team Meet
11	Thu	09.30 a.m.	Curia Meeting
		06.00 p.m.	20th Episcopal Ordination Anniversary-Archbishop Anil Couto
12	Fri	02.30 p.m.	Caritas India: "Faith for Earth"
13	Sat	12.00 noon	Mass and Felicitation – AINACS
14	Sun		Convocation: Mother Teresa University, Australia-Marwah
			Studio, Noida
15	Mon	04.00 p.m.	Available for Laity
16	Tue	07.00 a.m.	Mass and Confirmation- Laxmi Nagar
		11.00 a.m.	Available for Priests
17	Wed		Monthly Recollection
18	Thu	09.30 a.m.	Curia Meeting
19	Fri	09.00 a.m.	Day of Integration –Vidya Jyoti
		11.30 a.m.	UCPI Theological Forun
20	Sat	10.00 a.m	Discussion on DCA Finance Manual
21	Sun	08.30 a.m.	Pastoral Visit- St. Anthony's Church, Paharganj
22	Mon	05.00 p.m.	Think Tank Meeting
23	Tue	06.30 a.m.	Mass at Shanti Avedna
		10.30 a.m.	Available for Priests
24	Wed	07.00 a.m.	Mass at Ish Bhavana
25	Thu	09.30 a.m.	Curia Meeting
28	Sun		Palm Sunday-Sacred Heart Cathedral
29	Mon	04.00 p.m.	Available for Laity
30	Tue	10.30 a.m.	Available for Priests
-			

(+Anil Couto) Archbishop of Delhi

# MEANING OF THE LENT

PRAY
IS LOVE FOR GOD

FAST
IS LOVE
FOR YOURSELF

**GIVE** IS LOVE FOR OTHERS



Congratulations |
On Your
SACERDOTAL RUBY JUBILEE
(08-02-1981 - 08-02-2021)
Most. Rev. Dr. Anil J. T. Couto
Archbishop of Delhi

























SACERDOTAL RUBY JUBILEE

(08-02-1981 - 08-02-2021)

MOST. REV. DR. ANIL J. T. COUTO, ARCHBISHOP OF DELHI